

## OMA SECTION FOR LONG TERM CARE and CARE OF THE ELDERLY



The OMA section communities provide an area to share information within the clinical, practice-type, or specialty interest-oriented groups of physician members. The Section on Long Term Care & Care of the Elderly 2017 had its Annual General Meeting being held on Friday, May 5<sup>th</sup>, 2017 in Toronto at the Hilton Toronto Hotel. The Annual General Meeting for the section followed the Scientific Session on **Best Practices in Long Term Care**. The scientific session was led by Drs. Andrea Moser and Jobin Varughese

These are some of the key areas that are identified:

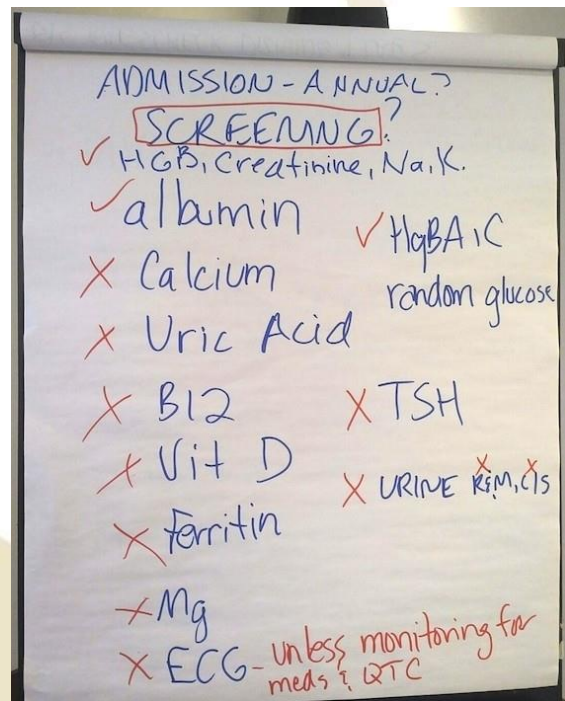
- Transitions of care
- Avoidable transfers to ER
- The effectiveness of
  - Quarterly med review
  - Annual physical examination
- Screening and monitoring in LTC
- Appropriate urine collection

The OMA Section for LTC and CoE will give an update on Sunday, October 22, at Long Term Care for the Practicing Clinician, #LTCPC17

# MAY 2017 NEWSLETTER

## SCREENING AND MONITORING IN LTC

Physicians are the leader to decide appropriate screening and monitoring in LTC. Screening refers to medical tests used to detect or predict the presence of disease in individuals at risk for disease within defined groups. Screenings may be performed to monitor disease prevalence, manage epidemiology, aid in prevention, or strictly for statistical purposes. Some medical tests are used to monitor the progress of, or response to medical treatment.



OLTCC will work with our OMA section to develop guidelines of for appropriate screening and monitoring in long term care. Comments and input from our member are welcome. Contact [office@oltcc.ca](mailto:office@oltcc.ca)

## CHOOSING WISELY CANADA - LTC

The debate about what “routine tests” are necessary and appropriate includes screening and monitoring.

One of the six Choosing Wisely Canada (CWC) – LTC recommendations is: **Don’t order screening or routine chronic disease testing just because a blood draw is being done.** Unless you are sure treatment can be given that would add to quality of life, don’t do these tests. “Routine” testing may lead to harmful over-treatment in frail residents nearing the end of their life and lead to misusing healthcare resources that would do more good used wisely.



Two sessions for CWC-LTC will be included in Family Medicine Forum, November 8 – 11, 2017. Key contributors to the CWC-LTC recommendations are Dr. Duncan Etches and Johanna Trimble from Vancouver. They will present **Choosing Wisely - LTC: 6 ideas to help doctors and patients** on Thursday, November 9th, 2017 from 15:00 to 17:15. Drs. Fred Mather and Serge Gingras will present **Canadian Choosing Wisely - Long Term Care - Uniquely Canadian** on Saturday, November 11th, 2017 from 11:15 to 12:15.

The CWC-LTC recommendations are at: <http://www.choosingwiselycanada.org/recommendations/long-term-care/>

The Society for Post-Acute and LTC (AMDA) have a similar list of ten recommendations: <http://www.choosingwisely.org/societies/amda-the-society-for-post-acute-and-long-term-care-medicine/amda-choosing-wisely-list/>



LONG TERM CARE FOR THE  
PRACTICING CLINICIAN  
*Clinical Pearls In LTC*  
October 20 – 22, 2017  
Sheraton Centre Hotel, Toronto

The program for this year’s program is being finalized. Friday’s program will include workshops on palliative care, legal issues, wound care, de-prescribing and cannabinoid use.

Ontario’s Patient Ombudsman, Christine Elliott, will be the Keynote Speaker to start the plenary sessions on Saturday, October 21. In addition to describing the role of the Patient Ombudsman, Ms. Elliott is asked to address issues of justice and care affecting our most vulnerable residents in long term care.

